The international volunteer program in Polish Province 2019/2020 sending

Motivations:

- The volunteering is opportunity to create an attitude of being among others, commitment to justice, peace and integration of creation for the young people.
- Youth willingly go abroad, want to know new culture. It works great with ours possibilities as an International Society
- Women by living in community can know our charism, spirituality, mission. This can result in vocation to the Congregation or Sacre Heart Family.
 Volunteers can help and fulfil our mission in the place where there are not enough RSCJ.

Aim:

Enable young adults:

- relieve an experience, which transform their life and integrates their personality.
- experience life in the community with charism and mission of the Sacre Heart Society.
- commitment to Justice, Peace and Integration of Creation, the people in the society and church periphery. This commitment will flow from contemplation the Heart of Jesus in Gospel and world.

Participants:

- women beetwen 18 -35 years old
- skills : the language of the country they will go to , openness to other, openness to another culture
- state of heathy: a certificate from a doctor; we will observe the state of mental health during formations and individual meetings
- number of people for one formations year: 3 10 volunteers in different ages

Length of volunteering:

- \circ 1-3 months
- \circ 3 6 months
- o 6 months 1 year

Means:

- establishing contact with Province that accept volunteers and with Commission on International Volunteer.
- o Adding our project to database

Type of commitment:

It depends on needs other Provinces/District and volunteer

1. Each volunteer will be sent to another country

2. group of three volunteers will go together

Volunteers will leave in community house or volunteer house or in friend's family

Recruitment:

- o in the first year we invite people who we know
- volunteers fulfil questionnaire (attachment 1)
- o initial individual conversation

After discernment and making decision, the volunteer submits:

- o application to the sister responsible for a volunteer
- o certificate from a doctor

The volunteer team confirm the decision on the involvement of the person The volunteer covenant the contract with the Society.

Formation:

- **↓** <u>rhythm:</u>
 - o 7 meetings before departure,
 - o 1 meeting after return
- Decrement process:
 - Ith meeting is open for everybody who are interested in international volunteer
 - The volunteer makes decision after 3rd meeting,
 - Decision is confirm by the volunteer team
- ↓ Formation plan in attachment 2
- 4 Accompaniment :
 - o individual once a month
 - group during the meetings
 - o by the Skype/zoom during volunteer experience
- Place of formation: Warszawa or Marki

Finance:

- Fee for formation meetings 30zł-50zł or voluntary fee
- The volunteers cover the cost associated with experience: tickets, visa, insurance, vaccination, cost of stay...(own contribution and jointly organized collection with the support of RSCJ)

Insurance:

- health insurance in our country
- o liability insurance according to the law in the country of destination

Contract:

1. between Polish Province and Province of the country where the volunteer is going.

2. between Polish Province and the volunteer

The contract is sign by rscj responsible for the volunteer and by volunteer. The contract is transferred to the country of volunteer experience.

- **4** the contract attachment:
 - o rights and obligations volunteer
 - duration of the volunteer
 - rules of financing
 - o health and safety rules
 - o insurance rules
 - o rules of accommodation and meals
 - o rules for any termination of the agreement
- 3. RODO agreement and agreement connected with copyright

The volunteer involvement after return:

- report to the rscj responsible for the volunteer
- evaluation of the volunteer experience
- sharing with other their experience
- article on the web side
- volunteer will participle in the formation process next group (depending on the possibilities)

Responsible for the project:

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